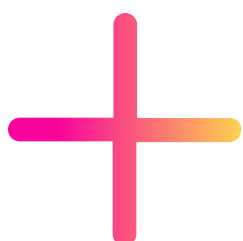


PRAYING WITH THE LORD'S PRAYER



The prayer Jesus gave us

WILL FOCUS OUR PRAYING
INTO EVERY AREA WE NEED.

Use each section, or just one or two. Pray for yourself, or someone else, using some or all of the sections. Remember – it's there to help, not to be a rule to follow.



Start by focusing on God...

"OUR FATHER IN HEAVEN,
HALLOWED BE YOUR NAME"

Praise God for who He is. Remember that God is our father and you, or someone you are praying for, can come to Him personally and in trust. Remind yourself that it's all about Him and the praise of His glory.



....Then on what He wants

"YOUR KINGDOM COME,
YOUR WILL BE DONE"

Pray for God's rule to break in to the world: for justice, peace, love, reconciliation, the spread of the gospel. For God to rule in your life, or someone else's. It's about the extension of His rule and not our personal wants.



Now your heart is in the right place, ask simply for what you need

"GIVE US TODAY OUR DAILY
BREAD"

Remember your needs for the day, asking God to provide. Remember He is your provider and say sorry when you grab things for yourself.



As you are aware of His presence, get right before Him

"FORGIVE US OUR DEBTS, AS WE
ALSO HAVE FORGIVEN OUR
DEBTORS"

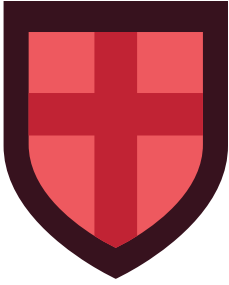
Pray for God our father's forgiveness, so that we are... Restoring our relationships with God and with each other. Avoiding the bitterness that grows through our unforgiveness. Thanking God for His grace and mercy and praying that we would show the same to the people around us.



And ask him to lead you

“LEAD US NOT INTO
TEMPTATION”

As you prepare to move out to serve Jesus in the wider world, pray for guidance, and for strength in avoiding sinful behaviour. Listen to God. Be still. Are there any words, images, encouragements that God brings to mind?



And protect you

“BUT DELIVER US FROM THE
EVIL ONE”

Remember that God is your security and protection, and pray for courage to live out your faith wholeheartedly despite possible persecution, attack or risk.



So that you live for his glory...

“FOR THE KINGDOM, THE
POWER AND THE GLORY ARE
YOURS, NOW AND FOREVER.
AMEN.”



THE CHURCH
OF ENGLAND
BIRMINGHAM