



WAY OF DISCIPLESHIP

BEING WITH GOD SESSION 5: EXTRA READING OR LISTENING SUGGESTIONS

SHORTER READS:

[One page graphic overview of the Psalms from the Bible Project.](#)

[Three pages on how to pray the Psalms from 24/7 Prayer.](#)

[Two pages on centring on God through Breath Prayer from 24/7 Prayer.](#)

[Two pages on entering into stillness and praying the Examen from Ignatian spirituality website.](#)

[Two pages on how to pray the Examen from 24/7 Prayer.](#)

[Two pages on how to practise the presence of God in daily life from 24/7 Prayer.](#)

[One and a half pages on Everything Jesus said about Prayer.](#)

[Two pages on God's character in the Lord's Prayer](#)

[How to use the Lord's Prayer bookmark.](#)

[Daily prayer resources bookmark](#)

[Two sided brochure of the Shalom Prayer](#) and [Powerpoint version for groups.](#)

[Two pages on how to pray the Jesus Prayer from 24/7 Prayer](#)

[Two and a half pages on how to have a "Quiet Time" – structures for approaching prayer – from 24/7 Prayer.](#)

[Two pages on the gifts of liturgy from "Spirituality Workbook" by David Runcorn.](#)

LONGER READS:

[Connecting with God Survey based on the Nine Sacred Pathways.](#)

[Walk the Way Study Guide, Bishop Maurice Sinclair, pages 39-46.](#)

THINGS YOU CAN WATCH:

2:30 video on What is prayer? With Archbishop Rowan Williams video

<https://www.youtube.com/watch?v=S1RvKQU78zQ>

2.30 animated video on what is prayer: https://www.youtube.com/watch?v=6LG_3pX88fM

5:30 introduction to the Psalms from the Bible Project https://youtu.be/dpny22k_7uk

2 minutes on "Are icons and candles idolatry?" <https://youtu.be/DvSFkUFHUjc>

10:44 on "Slow Club" – wonderful story from Mark Yaconelli about practicing the presence of God
https://www.youtube.com/watch?v=62_GqbfuOeY

3:30 video of an honest Psalm 23
<https://www.facebook.com/100003018377804/posts/2678257242284862/?d=n>

1 minute video of how God receives our tangled up prayer: <https://twitter.com/i/status/1250289906967957510>

THINGS YOU CAN LISTEN TO:

25 minute conversation on: What's prayer all about? How can ancient forms of prayer speak to us today? What's the value in stopping to listen to God? And does formal prayer have to be unemotional and detached, or is there more going on? Jessica Martin is a canon at Ely Cathedral, and was previously an English lecturer at Cambridge University and a parish priest in rural Cambridgeshire. <http://podcast.cranmerhall.com/231001/1248203-jessica-martin-how-can-tradition-help-us-pray>

BOOKS ON PRAYER:

[Pete Grieg, How to Pray, Hodder, 2019.](#)

[Richard Foster, Celebration of Discipline, Hodder, 2008.](#)

[Brother Lawrence, The Practice of the Presence of God, Leyland Edwards, 2018.](#)

[Frank Laubach, Letters by a Modern Mystic, SPCK, 2011.](#)

[Stephen Cottrell, Do Nothing to Change your Life, Church House, 2011.](#)

[Ruth Fowke, Personality and Prayer, Eagle, 2007.](#)

FOLLOW UP COURSE SUGGESTION:

A free eight session online course through the Lord's Prayer with short videos, discussion material, and lots of resources. <https://prayercourse.org/>

