



# WAY OF DISCIPLESHIP

## BEING WITH GOD SESSION 7: EXTRA READING OR LISTENING SUGGESTIONS

### SHORTER READS:

[Two pages on the Love of Solitude and Silence by Thomas a Kempis](#)

[Two pages of useful quotes on silence and sabbath](#)

[Two pages on how to pray the Examen from 24/7 Prayer](#)

[Two pages on Silent Prayer from 24/7 Prayer.](#)

### LONGER READ:

[Five pages on Developing a Rule of Life from Church of England Birmingham.](#)

### THINGS YOU CAN WATCH:

Bible Project Sabbath (5:26) <https://www.youtube.com/watch?v=PFTLvKB3JLM>

### FURTHER READING:

[The Ruthless Elimination of Hurry, John Mark Comer. Waterbrook, 2019](#)

[Invitation to Solitude and Silence, Ruth Haley Barton, IVP, 2010.](#)

[Sabbath as Resistance, Walter Brueggemann, Westminster John Knox, 2014.](#)



THE CHURCH  
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