

OUTLINE FOR LEADING OR USING 'BEING WITH GOD IN PRAYER' AS TWO UNITS

These notes are designed to be used alongside the Facilitator's notes. They will give you the content focus in a full or simplified form and an outline for running 'Being with God in prayer' in two parts.

The facilitator notes and worship powerpoints give you instructions on anything you will need beforehand, preparation checklist and prayers for leaders, the outcomes of the two units, possible opening and reflection discussion questions, signposting suggestions to extra materials, closing prayer suggestions, and review questions for leaders.

One way of dividing the session this may be to use the content of the first unit in a Sunday service, and the second in a group.

However you do it, making sure you include feedback to one another, modelling and the opportunity to respond remains central to the approach of the course.

UNIT NINE: BEING WITH GOD IN PRAYER

Begin with worship (you can use the suggested activity and powerpoint).

FEEDBACK AND OPENING QUESTION

In their pairs from the end of the last session, ask people to feedback to each other how their experience of their response action(s) from last week has been - the emphasis is on mutual encouragement in accountability, not guilt!

Then in pairs ask people to discuss an opening question for 3 minutes. You can use the suggestion in the facilitator's notes or devise your own.

CORE TEACHING CONTENT

Use the powerpoint to present, or read/discuss these questions in the booklet:

What is prayer?

How did Jesus pray?

Why is it difficult?

What do I need to know that will help me?

Does my personality affect the way I pray?

Is being a physical person a help or a hindrance and how do I deal with distractions?

What will help me get into prayer?

What different ways are there to help me pray?

Four other ways into praying....



MODELLING/REFLECTION

You can show the whole video, covering the questions: What is your experience of prayer? What helps you to pray?

Discuss these questions together, offering your own experience as much as possible.

PERSONAL RESPONSE AND ACTION FOR COMING WEEK.

Give each person time to reflect privately on the questions: "What is God saying to me and what is my response?" Any actions they take will be self-generated. But the following week they will be encouraged at the beginning to report back to one other person.

Explain that there is no requirement for a response, it is not a test, but an opportunity. We have set aside this time in the expectation that God will draw close to us. Ask people to share their responses in pairs. If they wish to help one another by writing down any actions and praying for each other then encourage them to do so. There is no group feedback, but as facilitator you can share what you feel able in order to model gentle accountability and trust.

SIGNPOSTING, CLOSING PRAYER AND REVIEW.

See facilitator's notes. N.B. ask people to try and do the "Connecting with God Prayer Survey" before next time.

UNIT TEN: FINDING THE WAY I PRAY

Begin with worship (you can use the suggested activity and powerpoint).

FEEDBACK AND OPENING QUESTION

In their pairs from the end of the last session, ask people to feedback to each other how their experience of their response action(s) from last week has been - the emphasis is on mutual encouragement in accountability, not guilt!

Then in pairs ask people to discuss an opening question for 3 minutes. You can use the suggestion in the facilitator's notes or devise your own.

CORE TEACHING CONTENT

Discuss the "Connecting with God" prayer activity together, encouraging people to share what they have discovered about the way they pray.

DISCOVERY BIBLE STUDY

Matthew 6:5-18 (Available on separate Worship Aims Bible passage powerpoint)

See the facilitator's notes and instruction sheet for how to do DBS.



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SIGNPOSTING, CLOSING PRAYER AND REVIEW.

See facilitator's notes.

