

# I.D. QUESTIONS FOR INTENTIONAL DISCIPLESHIP



## WHAT IS I.D.?

To be a disciple is to be a follower of Christ. It is to grow in being with Him, becoming like Him, and doing what He wants to do in the world.

God is always wanting to lead us, and for us to recognise what He wants to do next in our lives. A disciple is someone who is open to letting God be in charge and to be responsive to what He wants to do. It is always good to do this with others.

These questions and statements will help us understand the shape of the Christian life. They are also designed to prompt you to see where God might be trying to get your attention at the moment.

In an I.D. group you will then be helped to reflect on where God is at work, and how you are being called to respond. As we do that together the aim is that we grow in our **relationship with God**, our **character** and the **gifts** that He has given us. There are also some separate questions to help those who lead and serve others.

If your time is short, you can use the statements in bold at the beginning of each section.

I.D. will always be a mixture of supportive and challenging – as Jesus was with His disciples. You will end each time by being asked, “What would be helpful for us to ask you next time?”

I.D. recognises that we don’t get changed by information alone – the “word must become flesh” – the good news must become real in our lives. That is what I.D. is about.



## BEING WITH GOD

Am I open to what God is saying in my everyday life?  
Do I know by experience the love of God?  
How satisfied am I with my prayer life?  
Do I have a rhythm of listening to God in my daily life?  
Do I love God's word and feed on it?  
How am I experiencing worship?

Do I still feel the pleasure of God?  
Am I living in a state of inner peace?  
Are any of my thoughts or actions rooted in fear?  
What is it that I am tempted to believe about God that isn't true?  
What is it that I am tempted to disbelieve that is true?  
Do I balance time well? Between work and rest, serving God and others?  
Am I resting / exercising enough?  
How much is my relationship with God about duty or intimacy?  
What is currently on my heart for praying for others?  
Do I fast and is it fruitful?  
Am I obedient to God's prompting?



## BECOMING LIKE CHRIST

**As an individual**

How secure am I in my identity as God's child?  
Am I free from any sense of condemnation or shame?  
Am I able to express my griefs and losses to God?  
How am I relying on the power of the Spirit?

Is there any anger or unforgiveness in my life?  
Is there an addiction or lack of discipline in my life that God wants to work on?  
Which aspects of the fruit of the spirit are growing in my life?  
Is the Holy Spirit convicting me of any sin?  
How much of my life is self-centred?  
Do I experience freedom when it comes to money, sex, or power?  
Is my life marked by simplicity or is it over-complicated?

**In my relationships**

How well would others say I connect with people in my community / small group / church?  
Is it easy for me to trust / be vulnerable to others?  
Have I defined my own boundaries well?

What joys and struggles am I facing with friends and family?  
How are my relationships with my friends?  
- are they real and authentic?  
- do I feel connected / supported?  
- am I able to give and receive in them?  
Do I keep my promises?  
Can I meet any attack or difficulty in the opposite spirit?





## JOINING IN WITH THE SPIRIT

Do I know God's call on my life?  
Does my life carry a sense of mission?  
Do I split life up or is every part of my life discipleship?  
Do I know what my gifts are? Am I growing in them?  
Do I have a heart for those who are not yet Christians?  
Am I confident to lead someone to Christ?  
Do I have compassion for those in need?

Do I see work as a mission field?  
Am I proud of the good news or ashamed?  
Am I praying for friends to come to faith?  
Do I find it easy to recognise those who are open to the good news?  
How often do I share my faith?  
Do I leave time for relationships with those who don't call themselves Christians?  
Do I take risks in relationships?  
Am I inviting people to Sunday services or my small group/community?  
Do I give financially generously and with a cheerful heart?  
Am I at peace in my relationships with those of other faiths?  
Am I effective at resolving conflict?  
Do I have a heart for justice?  
Can I pray for healing for others?

## LEADING AND SERVING OTHERS

(If you lead others, these questions reflect on some of the skills God might be growing in you.)

How am I being led myself? What support do I need at the moment to grow into my leadership/service of others?  
Am I discipling others?  
Is my service motivated by love for others?  
Do I find it easy to receive guidance for the next step in the life of my group/those I serve in leadership?

How easy is it to talk to a whole group "from the front"?  
Can I teach effectively from God's word?  
How confident am I to lead a time of group prayer?  
Do I cope with over-dependent / difficult people?  
Am I too controlling as a leader?  
Do I love the people in my group/those I serve in leadership?  
How do I know that members of my group/those I serve in leadership feel cared for?  
How am I developing and deploying the gifts and abilities of my group/those I serve in leadership?  
Does my group/those I serve in leadership share the vision God has given me?  
Are we having fun?  
Are there any difficulties in my relationships with co-leaders / assistant leaders?

