

# WAY OF DISCIPLESHIP JOINING IN WITH THE SPIRIT

## SESSION 2: JOINING IN WITH THE SPIRIT IN ALL OF LIFE FACILITATOR'S NOTES

### CHECKLIST

- Have I got a good sense of the signposted resources? Which would be good to highlight with my group?
- Have I got the technology set up, and does it work(!)?
- Is there a visual focus I want to offer for worship this or next week – image, candle, video?
- Who is doing tea/coffee?
- Are there any notices I need to share?
- Is there anyone in my group who has pastoral needs we should be aware of at the moment?

### WITH YOUR CO-FACILITATOR

- Are we using our different gifts well tonight?
- If we are running out of time, what shall we miss out or postpone?
- Who is doing what in the session? Clarity about who is leading which section really helps!
- Are we confident using DBS?
- Who among the participants can we encourage to use their gifts in leading, praying, or facilitating tonight or next week? How much preparation will they need?
- What and who do we particularly want to pray for at the moment?
- How are we offering a good variety in our worship and prayer styles?

### REVIEW THE OUTCOMES FOR THIS SESSION

- To understand God's mission as affecting every area of life.
- To understand my original purpose and how that relates to God's present work and future promise.
- To understand what might influence us to split life up into sacred and secular and be equipped to overcome this.
- To experience my calling as partnership with God, understanding how daily work fits in with God's purposes.
- To understand the distinction between gathered and scattered church in my lived experience.
- To be equipped to live my faith out effectively in my everyday context.
- To know how my church can support and encourage this.



## FOR THIS SESSION YOU WILL NEED

- TV / Laptop / Wifi
- Ppt for session 2
- Any prayer materials or visual focus. DBS guide.
- There is one short video in this session – check it is working.

## 6.30 PM PREPARING MYSELF

You might like to reflect on 1 Corinthians 15:58 remembering that this session is an opportunity for you to join in with God's Spirit: Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain.

Take a moment to pray for each person in your group. Commit yourself to the Lord this evening. You may reflect on these words:

Living God, present in all things and all places. Help me to know that wherever I may go today You will always be with me.

May Your Spirit rest within me making me more like you so that wherever I am present people may sense that You are present.

Though You are everywhere be in the world today through me.

May my actions be a demonstration of Your love;

My words the vehicle of Your counsel;

My attitude an expression of Your nature;

My concerns a reflection of Your heart.

And help me Lord not to pray that I may be kept from hostile places but rather that in their darkness Your light may shine through me. Amen.

## 7 PM OPENING WORSHIP

Feel free to use the suggested activity, which aims to draw on different styles, or approaches, or to do something which reflects your own context or tradition if that is more helpful. (Available on separate Worship Aims Bible passage powerpoint)

Use this prayer:

God of grace and goodness,  
who made us body and spirit  
that our work and faith  
may be one.

May we through our life  
and our worship,  
join in your labour  
to bring forth a new creation  
in justice, love and truth;  
through Jesus, our redeemer  
(from the 'After Sunday' website [www.aftersunday.org.uk](http://www.aftersunday.org.uk))



## 7.10 PM INTRODUCTION - AIMS FOR THE EVENING

(You may want to miss this out if your group is less formal, or you are using the material one to one). (Available on separate Worship Aims Bible passage powerpoint)

The aims for this session are:

To understand God's mission as affecting every area of life.

To understand my original purpose and how that relates to God's present work and future promise.

To understand what might influence us to split life up into sacred and secular and be equipped to overcome this.

To experience my calling as partnership with God, understanding how daily work fits in with God's purposes.

To understand the distinction between gathered and scattered church in my lived experience.

To be equipped to live my faith out effectively in my everyday context.

To know how my church can support and encourage this.

## 7.15 PM FEEDBACK AND OPENING QUESTION

In their pairs from the end of the last session, ask people to feedback to each other how their experience of their response action(s) from last week has been - the emphasis is on mutual encouragement in accountability, not guilt!

Then in pairs ask people to discuss this question for 3 minutes: Do you think there is such a thing as a secular job? Why? Why not?

## 7.25 PM CORE TEACHING CONTENT

*The core content is designed to be as user-friendly, and as flexible/context-friendly, as possible. You can use the script and powerpoint provided, using your own material or approaches to reflect your context and teaching style. Because truth in the Scripture is often perceived through metaphor and story, the content will include at least one story example (although other "stories" are found in the Modelling section), and at least one visual example.*

*The whole of the content is produced in a booklet for each session - and there is much more content in the booklet than in the powerpoint, so you may want to encourage people to read it before or after.*

***It is a good idea to have a break half way through.***

What is our mission?

What might discourage us from seeing our daily work as part of God's mission?

Why might we struggle with what spirituality means?

Why might we struggle with our ultimate destiny?

Why might we struggle with the meaning of work?

What was the original task God gave us?



What is going to happen to the earth and our daily work?  
How does God's mission include helping us recover our original task?  
What happens to the fruit of our work when God renews all things?  
Are some things sacred and some things secular?  
Is work a blessing or a curse?  
What is my calling and how do I know it?  
How do I celebrate ordinary, everyday things well?  
How can the Good News transform daily life and work?  
How can my church reinforce the value of everyday faith in God's mission?

**Following the content, you may like to give people a few minutes to think of any questions or reflections on the material, then facilitate a discussion based on any points raised for 5-10 minutes. They will have reflection time in smaller groups after the video, but this gives an opportunity for initial whole-group discussion. As facilitator you are not expected to have all the answers, but can help the group explore together.**

## **OPTIONS FOR SIMPLIFYING OR SHORTENING CONTENT**

Instead of the Powerpoint, you could read through the "Living an Everyday Faith" bookmark, and discuss a few of the real-life stories in the booklet.

### **8.20 PM MODELLING/REFLECTION**

Video and own experience. Show the video and, if time share from your own experience, remembering that real struggles can be as helpful as victories!  
Discuss in pairs, and then together: In what ways might I recognise a split way of looking at life in myself? What might help me see my Monday to Saturday life as joining in with God's mission even more? What questions do you have?  
Model a response as facilitator(s) by offering your reflection first.

### **8.40 PM DISCOVERY BIBLE STUDY**

Genesis 1: 26-28; 2: 19-20. (Available on separate Worship Aims Bible passage powerpoint)

See the instruction sheet for how to do DBS. After you have read the passage and retold, use whatever method will enable most people to participate – talking in pairs, splitting questions up between different pairs, splitting into smaller groups with group members asking the five questions (this will disciple people through putting leading DBS into practice).

N.B. Encourage giving enough focus on the personal response questions in 3 and 4. As your group grows in trust, hopefully people will become more confident in sharing their responses together – as facilitator(s) taking the lead in this models your own discipleship and helps create openness in others.



## 9 PM PERSONAL RESPONSE AND ACTION FOR COMING WEEK.

Having learnt content, seen it modelled, reflected and heard each other, and listened to God in Scripture, each disciple will end with the questions, "What is God saying to me and what is my response?" Any actions they take will be self-generated. But the following week they will be encouraged at the beginning to report back to one other person.

Ask people to reflect on this in pairs – they will never have to report back to the whole group. If they wish to help one another by writing down any actions and praying for each other then encourage them to do so. There is no group feedback, but as facilitator you can share what you feel able in order to model gentle accountability and trust.

### 9.10 PM SIGNPOSTING

Look at the suggested follow on materials described in terms of quality and length. You may like to highlight one or two, depending on the make up of your group. It would be helpful if people can read through the four bookmarks in the extra materials in preparation for next week: What baptism means, Starting Points for Sharing Faith and Discipling Well, Sharing your story, Helpful reasons for mission and faith sharing. (You might like to send them out before).

See handout "Extra Reading or Listening Suggestions" as follow up material for this week, and point people towards the Session booklets for this session.

### 9.15 PM CLOSING PRAYER

*Use the suggested prayer or pray in whatever way is helpful.*

(Available on separate Worship Aims Bible passage powerpoint)

Use the verse and prayer under the heading "Preparing myself"

## REVIEW AFTER GROUP HAS LEFT

What went well?

Where did I sense God's presence?

What can I do better?

Was anyone absent that I need to follow up on?

Looking ahead to next month, what might I (or the co-facilitator) share from our lived experience in the "Modelling" section?

